





<b>B</b>	<b>I</b>	<b>N</b>	<b>G</b>	<b>O</b>
Grow extra fruit and veggies to donate to a food bank	Promote bike-riding or carpooling at your school to reduce traffic and air pollution	Show compassion to your brother or sister by making their lunch	Bring gently used board games and decks of cards to a homeless shelter	Have a garage sale for your favorite cause
Clean up at your house for your parents	Hold a spa day, paint nails, and do hair for elderly women	Pick up litter at a local park	Shovel or rake your neighbor's driveway or yard	Donate canned goods to a homeless shelter near you
Read at a local nursing home	Donate stuffed animals to police station or firehouse to give to kids	<b>FREE</b>	Make a card for a senior citizen	Read stories to a younger student or child
Pick up a friend to save on gas	Donate a craft kit to a local children's hospital	Organize a game night at your local nursing home	Decorate placemats for Meals on Wheels	Raise money for your favorite cause
Recycle and remind your friends to do the same	Organize a food drive in your community, church, or school	Write a letter to your elected official about a cause you believe in	Volunteer at an animal shelter	Make a no-sew fleece blanket for a child in need

For more information about Dignity Revolution, visit [DignityPledge.com](http://DignityPledge.com).

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Compassion Project by: \_\_\_\_\_

Driving Question: A driving question is what you and your family or trusted adult wants to answer. It is the objective or goal that you are aiming for.

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Think critically and do research: What questions might you ask? How will you demonstrate compassion?

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Collaboration: How are you working together? How are you meeting deadlines?

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Integrate technology: What type of technology will you use?

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Communicate with others and share your learning: What media element will you use to share? Will you write a script or record all of it on a video? Will you have multiple people in your family share?

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What did you learn?

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Name: \_\_\_\_\_

Date of Community Service	# of Hours	Place of Service	Description of Service	Phone # or email of Supervisor	Signature of Supervisor

Student Signature: \_\_\_\_\_

Adult Signature: \_\_\_\_\_



	4	3	2	1
PARTICIPATION	All family members participated in the Compassion Project.	Most family members participated in the Compassion Project.	Some family members participated in the Compassion Project.	No family members participated in the Compassion Project.
DEMONSTRATION OF PERSONAL CONNECTION	Demonstrates acts of compassion through a personal connection with person/group.	Somewhat demonstrates acts of compassion through a personal connection with person/group.	Little to no demonstration of an act of compassion through a personal connection with person/group.	No demonstration of an act of compassion through a personal connection with person/group.
DIGITAL LEARNING	High quality digital media presentation. Met time requirement.	Average quality digital media presentation. Was close to meeting time requirement.	Limited quality digital media presentation. Ignored time requirement.	Poor quality digital media presentation. Ignored time requirement.