





Five P's



Profile

Use only your first name and don't give out any personal information. This will protect you from predators who are online.

Permission

Make sure you have permission to view and share information online. Ask a trusted adult in your life if you are able to be on certain sites.

Privacy

Keep your passwords and personal details private. Make sure you don't share this information with others to keep them from posting on your page.

Protect

Keep evidence and don't bully back. Tell an adult. If you are being bullied online, make sure that you save the post or text and share it with a trusted adult.

Positive

Make sure the information you are sharing is positive. Be uplifting! Others want to hear the positive things in life.